

July 5 to 11, 2009 • Camp Ware

The Complete (we hope) Guide to:



**Check us out at:
www.hsr-bsa.org/vweek**



V-Week @ Ware

V-Week's second year continues a new tradition at Camp Ware. We learned a lot from last year's maiden program. We kept a lot of the stuff that worked, and modified the program to improve it for this year.

V-Week brings new opportunities for Venturers and older Boy Scouts to explore or expand on his or her outdoor interests, in a more relaxed atmosphere than traditional resident Boy Scout camp, while encouraging social interactions with youth of the same age.

One of the goals of V-Week is to offer a flexible camp experience for Venturers and Scouts. Those who want to come for a week will have lots of choices and opportunities. For those who can't commit to a full week of camp, the three-day, and four-day programs gives high school youth the opportunity to have some fun in a time frame that works with their busy schedule.

Participants can come as individuals or with their Crews. This will be a great place to meet other older youth with similar interests.

We encourage interested adults to join us for this great week. V-Week can not be successful without the full support and participation of adults and Advisors. Interested adults are encouraged to contact us about volunteer staff opportunities.

Chester County Council's Camping Department is handling the registration. Please call 610-696-2000, ext. 25 for all registration questions. For general questions, suggestions, or concerns call Carla Lucas-- 610-274-0261.

Sincerely,
Chester County Venturing Committee

All About V-Week

The Full-Week Program

- Everyone will fill their day by choosing morning and afternoon programs to explore from Monday through Thursday.
- Some programs are in-depth, week-long experiences.
- Other programs are presented in 2-Day modules.
- Field Trip Friday allows everyone a full day for off-site adventure.
- There'll be surprises and opportunities to discover new things every day.
- Evenings feature barbecues, pool parties, sports, movies, and more.

The Half-Week Program

- Can't come for a whole week? Consider one of the half-week programs.
- Session 1: Sunday through Tuesday
- Session 2: Wednesday through Saturday (includes Field Trip Friday)
- Many of the programs are divided into half-week modules to accommodate those that can't come for a whole week.

- There'll be surprises and opportunities to discover new things every day.

- Evenings feature barbecues, pool parties, sports, movies, and more
- Same great opportunities as the Full Week, just a shorter time frame.

Who can attend?

- Registered Venturers (male and female)
- Boy Scouts ages 14 (and entering 9th grade) and older
- Crews are encouraged to attend as a unit
- Provisional opportunities for individuals are available

What are the accommodations?

- Tents on platforms with cots
- Separate sleeping areas for males and females
- All meals provided
- Flush toilets & shower facilities





What to bring

Clothing and Bedding

- T-shirts and/or short-sleeved shirts
- Shorts
- Long pants or jeans
- Underwear
- Long-sleeved lightweight shirt
- Swimsuit (one piece or tankini required for females)
- Socks (lots)
- Sweater or Jacket
- Raincoat or poncho
- Sneakers
- Hiking boots (or second pair of sneakers)
- Water shoes
- Sleeping bag (or sheets and light-weight blanket)
- Pillow
- Sleeping pad

Toiletries/Personal items

- Medicines (must give to Health Officer)
- Sunscreen
- Toothbrush/ toothpaste
- Soap
- Deodorant
- Washcloth
- Towels (one for showers, one for pool)
- Comb and/or brush
- Pens and Pencils
- Notebook with paper

Great to have at camp:

- Sunglasses
- Hat
- Water bottle
- Flashlight with spare batteries
- Alarm clock
- Camera, optional
- Day pack
- Trash bags
- Venturing Handbook, optional (put your name and Crew# in book)
- Spending money (suggested \$50)

Some activities require specialized gear. The consultant will contact you with requirements. Make sure you pack these too!

Make sure to label all personal equipment and clothing with the name and unit number of the owner – Camp John H. Ware III is not responsible for lost or stolen items

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What NOT to bring

Leave this stuff at HOME! Items listed below, may be confiscated, or, if deemed necessary, the owner may be asked to leave the Horseshoe Scout Reservation. Camp John H. Ware III and Chester County Council reserve the right to enforce the prohibition of these items on camp property.

- Hunting and sheath knives
- Fireworks and Firecrackers
- Alcoholic Beverages
- Firearms and Ammunition
- Radios, video games, and all electronic equipment
- Pets

Check-in/check-out procedures

All Week and Sunday/Tuesday check-in:

- Check-in begins on Sunday, July 5.
- Plan to arrive between 3 and 5 p.m.
- Every participant must have a valid physical form, permission slips signed, and all camp fees paid.
- If arriving individually, once parked, follow the signs to the registration area.
- If arriving as a Crew, one Advisor can register the entire Crew. Have all medical and permission forms collected. Fill out a Crew roster, making sure all who are in attendance are on the roster. It is important to have a correct head count of every Venturer and adult, and whether he or she is All Week or Sunday/Tuesday.
- Upon completion of check-in, guides will take you to your designated campsite to unpack.



VENTURING - BSA

Sunday/Tuesday Check-out

- Check-out for Sunday/Tuesday participants is at 7 p.m. on Tuesday, unless other arrangements are made in writing ahead of time.
- Staying until Wednesday morning is an option. A \$15 extra day charge will be added to your camp fees if you stay one more night, but we must know ahead of time in writing. You must be picked up from camp before 9 a.m. on Wednesday.

Saturday Check-out

- Checkout begins at 10 a.m.
- After breakfast, Crews will report to their sites, pack their gear, and wait for the final inspection by the camp commissioner or a designee.
- It is expected that all participants will help in cleaning the campsites and preparing camp for the next week's campers before leaving.
- Before leaving camp, please make sure any extra fees charged to you because of your participation in programs have been paid.
- All participants should be picked-up no later than 11 a.m.

Wednesday/Saturday Check-in:

- Check-in begins at 7:30 a.m. on Wednesday morning.
- If arriving individually, once parked, follow the signs to the registration area.
- If arriving as a Crew, one Advisor can register the entire Crew. Have all medical and permission forms collected. Fill out a Crew roster, making sure all who are in attendance are on the roster. It is important to have a correct head count of every Venturer and adult.
- Most program modules will begin at 9 a.m., so you must be on site and ready for your program no later than 8:45 a.m.
- If time permits before programs begin, you will be taken to your campsite to unpack.
- If arriving close to 9 a.m., your gear will be stored at the camp office or in your vehicles until time permits for you to unpack it later in the day.
- Arriving Tuesday evening is an option, but we must know in advance. An additional meal charge of \$15 will apply. Please arrive between 4 and 6 p.m. If arriving after 6 p.m., please let us know in writing, an approximate time you will be arriving.

Crew assignments

- Participants in V-Week @ Ware will either be coming with their Crews or as individual campers.
- Crews will be placed in campsites as a Crew and participate as a Crew during Crew events.
- Individuals will be placed in Provisional Crews for the week. They will camp together at the same campsite, and participate as a Crew during any Crew events.
- Individuals may request to be placed in provisional Crews with one or two other people.
- Depending on the size of your Crew, you may be asked to share a campsite with one or more other Crews in order to accommodate everyone in camp.

Sleeping Arrangements

- **Males and females will have separate tent areas in each site that are clearly marked.**
- **Males and females cannot be in each other's sleeping areas. This means in each other's tents where they actually sleep.**
- **They MAY be in common areas such as the open areas between tents in the patrol area. As an example, sitting together at the picnic table under the tarpzilla is ok. Sitting in a tent, even with the flaps up, is not.**
- **If anyone breaks this rule, it is grounds for being sent home.**
- **At least two male or two female advisors will be assigned to each campsite.**

Driving to off-site programs

- Some activities may require participants to leave Camp Ware.
- When this occurs, adult drivers, following all BSA guidelines for transportation, will take participants off-site.
- For participants under 18, a parent or guardian must sign a permission slip to allow the participant to leave camp at the discretion of the staff for the specific purpose of a program. Examples include:
 - Outdoor Cooking participants may be taken to a local grocery store to buy provisions.
 - Kayaking participants may go to Octorara Reservoir for a different paddling experience.
 - Everyone will leave camp for the Friday Field Trip.

V-Week @ Ware, a daily schedule

**Polar Bear Swim or Morning Run: 7 to 7:30 a.m.,
(optional)**

Crew Call and flag raising: 7:45 a.m. (mandatory)

Announcements

Breakfast: 8 a.m.

***Morning Program: 9 a.m. to noon**

Lunch opens at 12:30 p.m.

***Afternoon Program: 2 p.m. to 5 p.m.**

Lowering of the flag: 5:45 p.m.

Announcements

Dinner: 6 p.m.

Evening social: 7 p.m. to 10 p.m.

Quiet in camp: 11 p.m.

***Flexibility is the key to making this work. Some program may run a little late, or start somewhat earlier. Bag lunches may be provided when participants must leave camp for programs or there may be times when you are packing a box lunch to be eaten on the way to the next activity.**

Discovery and Training

• An attempt will be made each day to provide some of the basic training required to earn the Outdoor Bronze and/or Ranger Award. These programs will be flexible and announced on a daily basis.

Program Modules will have the ability to hold "Discovery Sessions." These sessions are designed to meet some of the requirements of teaching skills to others.

From Monday through Thursday, the Venturing Leader Specific Training Course will be held for adults at camp that are not currently trained, if requested.

- We are planning to offer some of the other BSA training courses, such as Safe Swim. These courses will be open to participants and adults. Many of these courses will help Venturers meet the requirements of the Bronze, Gold and Silver awards.
- Opportunities to organize and participate in Ethics in Action programs can be arranged, if requested.
- Venturers wanting to organize a specific activity during this time are encouraged to speak up and talk to Camp leadership.
- The Shooting Range will be open in the late afternoon/early evening for participants in the Shooting Sports modules to have additional practice time. An extra ammunition fee will be charged for the practice rounds.

The Basics

Basic Cost

- Full week: \$299
- Sunday/Tuesday Module- \$159
- Wednesday/Saturday Module- \$240
- Some programs require a supplemental fee. These are listed under the Program Description and on the registration form.

Registration

- Registration opens February 15.
- Forms can be downloaded from the V-Week website (click the link at www.hsr-bsa.org) or can be found on pages 13 to 15 of this guide.
- Set up your schedule by making First and Second choices on your registration form.
- Completed forms must be mailed to CCCBSA.
- Choose your programs at registration.
- Programs will be filled on a first come-first served basis.

Payment Schedule

- A \$100 deposit is due on registration. This holds your place in your program choices.
- Final payment: due by June 6.

Programs

- Most programs have minimum and maximum participants in order to present the programs in the most cost effective and in as safe a manner as possible.
- Registration minimums must be met by May 30 or a program may be cancelled. Those registered in the program will be contacted in order to choose a new program.
- Programs will be filled on a first come, first served basis.
- Program consultants will provide participants with any specific instructions such as specific gear or special permission slips needed for the program before V-Week starts.
- Some programs will require participants to leave camp. All BSA driving practices will be used when taking youth off site.
- Some programs have prerequisites listed, it is the participant's responsibility to meet those prerequisites prior to their participation in the program.

Refunds

- See Chester County Council Boy Scout Resident Camp Refund Policy for details.
- The deposit is non-refundable, but can be transferred to another person in the same Crew.
- All requests for refunds because of illness or injury must be made to the Camping Department in writing before August 31.

Medical forms

- Participants must check in at the Headquarters building upon arriving at camp.
- Complete health forms (photocopies acceptable) need to be turned in to the health officer at this time.
- All forms become a part of permanent camp records and are not returnable, make sure you have copies for your files.
- A medications form (page 18) must be filled out if any participant must take any medication while at camp.
- Youth and adult participants must use the new BSA Health and Medical form, which requires a yearly physical for everyone.
- We will accept High Adventure medical forms (Philmont, Sea Base, Jamboree, etc.).
- You can access copies of the BSA Health and Medical form on the V-Week website, or at www.scouting.org
- Health forms should not be sent or dropped off at the Council Service Center, as we cannot guarantee their arrival to camp prior to your attending. Bring them with you!

Contacting Home

- There is one pay phone in headquarters.
- Please limit the number and length of calls.
- Parents: please refrain from calling or requesting phone calls be made home.
- One exception is that youth driving to camp will be encouraged to call home to report they are safely at Ware.
- For emergencies, the number at Camp Ware is 717-548-2786.

Leaving Camp Ware Early

- If, for any reason, a Venturer or adult needs to leave camp, an adult must sign them out at Headquarters.
- If, for any reason, a camper will not return that week, please notify Headquarters staff.
- If a Venturer or leader becomes ill, they must be signed out at the health lodge (hour permitting) if it is not possible that night, notify the health lodge or headquarters the next day.
- No refunds will be given if a Venturer or leader is not signed out of camp upon leaving the reservation.
- Participants are expected to stay in camp for the entire time they are registered. They may not leave for work or other activities and then come back later.
- Participants may not leave camp without permission. They will be sent home and no refund will be issued.
- Youth driving to camp are requested to turn in car keys that will be held safely at headquarters until checkout.

Swim Check

- Each participant will be issued a "buddy tag" at the medical inspection station upon arriving at camp unless such activity is restricted by doctor's orders.
- Each participant will be asked to take a swimming test upon arrival to determine his or her swimming ability and classification. Participants may opt-out of the swim check at which time they are issued a white, non-swimmer tag and must stay in the shallow end of the pool.
- Aquatics facilities are for the use of registered campers only.
- All participants, including leaders, who plan to use the pool, must be tested.



• Adults, as well as participants must use the buddy system.

• Buddy tags are color coded as follows:

• Non-swimmer (white): No test - must stay in shallow end.

• Beginner (red-white): Jump feet first into water over your head, level off, and swim 25 feet; make a

sharp turn and return to the starting point.

• Swimmer (red-white-blue): Jump feet first into water over your head, level off, and swim 75 yards using any strong stroke on your stomach or side, swim 25 yards using a resting backstroke; rest by floating.

BSA Alcohol, Tobacco, and Drugs Policy

- **It is the responsibility of the Boy Scouts of America to protect the health and safety of the young people in our program.**
- **It is the policy of the Boy Scouts of America that leaders should not use tobacco products in any form in the presence of youth members.**
- **In addition, extreme care should be exercised to provide smoke-free environments for all participants.**
- **All buildings or facilities under the control of the council are designated non-smoking facilities.**
- **Smoking outside entrance/exit or at any location, is not permitted. In addition, all Scouting functions, meetings, or activities are conducted on a smoke free-basis with permitted smoking areas located away from all participants.**
- **For smoke areas, contact the camp director or program director.**

Health and Safety Issues

In General

- Closed toe shoes must be worn at all times, when traveling around camp: exceptions are not made for the pool and shower house.
- Swimming in the creek is prohibited.
- Pool house showers are marked clearly for Adult Male and Female, Staff, Youth Male and Youth Female. No youth may use the Adult Showers or vice versa.
- Upon arrival at camp, check all medications with the health officer at the Health Lodge.

Firearms

- Personal weapons are not allowed in camp. (Rifles, shotguns, arrows, paint ball guns, BB guns, etc.)

Pets and Wildlife

- Leave all pets at home! Pets of any type are not permitted in camp.
- All wildlife encountered on the Reservation must be left undisturbed. If an animal's presence presents a problem in your campsite, please inform headquarter's staff. Please do not attempt to remove or capture any animal.

Campfires

- The danger of fire in camp is very serious. There can be no allowance for carelessness with a danger this great.
- All fires in the sites must be in a fire ring.
- No flames, matches, candles, lanterns, stoves, etc. in tents.
- The fireguard chart provided must be posted, carefully monitored, and signed each day before inspection.
- Fire buckets, barrels and Indian pumps are for fire fighting only and must be topped off each day.
- Propane stoves and lanterns can only be used under close adult supervision.
- No liquid fuels are permitted.
- No fires are to be left unattended by an adult.

Lost and Found

- Finders should bring any items to the headquarters building.
- Please inquire about lost items at headquarter front desk.

Emergency Drill

- An emergency drill will be conducted within 24 hours of arrival at camp for each session
- It is done the first full day of camp (Monday and Wednesday).
- Runners will come to site.
- Drill is over when "all clear" is given.

Alcohol, Drugs, and Tobacco

- Alcoholic beverages and controlled substances are not allowed on camp property. Violators will be asked to leave and the proper authorities will be informed if deemed necessary.



Accident and Sickness Insurance

All registered members and leaders in the Chester County Council, BSA are covered under an accident and sickness umbrella policy. Keep this nearby for use if you use medical services during a Scouting activity. To eliminate confusion about accident and sickness insurance, we offer the following to help effectively process claims.

ACE, American Insurance Company, HSR Health Special Risk, Inc. Umbrella policy is the insurance for which all Scouts and Scouters are assessed \$1.00 per year at re-chartering time.

If you have an incident where it becomes necessary to seek medical services, the procedure you should follow is quite simple and will help to speed up processing of claims to hospitals and doctors.

For incidents occurring during an official scouting activity, the following procedure should be followed:

1. Fill out the accident report fully and where possible have health service provider fill out the bottom portion and sign, then submit a copy to your Scoutmaster and Chester County Council 504 S Concord Rd. West Chester PA 19382.
2. Initial billing should be sent to your personal insurance company as the primary holder.
3. Give the health service provider the name of our insurer carrier as the secondary holder and policy number: PTPN00327402 HSR 6/1 – 6/1, Current year.
4. If you take the accident report to the hospital with you have them make a copy for their records and you send the original into the Chester County Council Service Center.

Following the procedure will set in motion the following: provide the Health Service Provider with your Insurance Co. as Primary Holder.

Leaders should also fill out the claim report and submit to:

Health Special Risk, Inc
HSR Plaza
4001 N. Josey Lane
Carrollton, TX 75007-1520

Please access a copy of the Health Special Risk Claim Form by going online to: <http://www.healthspecialrisk.com/forms/BSACIm.pdf>

Coverage includes:

- Accident Medical Benefits \$15,000
- Dental Injury Benefits \$5,000
- Ambulance Service Benefits \$6,000
- Specified Injury Benefit \$35,000
- Sickness medical benefit \$7,500
- Non duplication Amount \$300.00

If you have any questions on coverage or procedures, call 610-696-2900, ext 25.

MASTER SCHEDULE: V WEEK @ WARE 2009

To fill your program for the week you will select 4 modules. Modules are divided in a Monday/Tuesday session in the morning, a Monday/Tuesday session in the afternoon, a Wednesday/Thursday session in the morning and a Wednesday/Thursday session in the afternoon.

CAUTION: Some programs require two modules or sessions. Participants MUST sign up for both modules to complete the program.

Module: a morning or afternoon time slot

Session: the days offered either Monday/Tuesday or Wednesday/Thursday

MORNING MODULES	WEDNESDAY/THURSDAY SESSION
Seal Training (BSA Lifeguard)	Seal Training (BSA Lifeguard)
Boot Camp (COPE)	Boot Camp (COPE)
Expert Marksmanship: Shotgun	Expert Marksmanship: Rifle and Black Powder
The Dark Tour (Caving) - CANCELLED	Winds on the Water (Sailing)
Point and Shoot (NRA Pistol Certification)	The Road Less Traveled (Trekking)
Extreme climbin' and 4 wheelin' (Technical Tree Climbing And Mountain Boarding)	Bulls eye (Archery)
The Amazing Race (Geocaching)	Hit the mark (NRA Marksmanship)
Say Cheese (Digital Photography and Graphic Design)	Slurries and Screens (Papermaking)
	Extreme ropes (Climbing and Rappelling)

AFTERNOON MODULES	WEDNESDAY/THURSDAY SESSION
Expert Marksmanship: Shotgun	Expert Marksmanship: Rifle and Black Powder
The Dark Tour (Caving) - CANCELLED	Winds on the Water (Sailing)
Point and Shoot (NRA Pistol Certification)	The Road Less Traveled (Trekking)
Triple Crown for Beginners (Horsemanship)	Breathe! (SCUBA Discovery)
Planet Earth (Ecology)	Hit the Mark (NRA Marksmanship)
Rockin' the Rapids (White Water Kayaking)	Extreme 2 Wheelin' (Mountain Biking)
Scrubs (First Aid/CPR)	Grillin' and Chillin' (Outdoor Cooking)
Metal Masterpieces (Metalworking)	Survivorman or woman (Wilderness Survival)
	Bound Together (Bookbinding)

Color Code

Blue: Both AM Sessions Pink: both morning and afternoon modules, same Session
 Green: Monday/Tuesday morning Orange: Wednesday/Thursday morning
 Purple: Monday/Tuesday Afternoon Turquoise: Wednesday/Thursday afternoon

V-Week 2009 Program Descriptions

All-week, ½ Day Programs

• Seal Training (BSA Lifeguard)

AM Session, full week

Use your time at V-Week to complete the BSA Lifeguard Course. Once you've passed all requirements (including swimming tests) you'll be certified, same as the Red Cross Lifeguard certification, to work as a lifeguard.

Prerequisite: CPR/First Aid (offered in the afternoon)

Equipment: none **Additional cost:** none

• Boot Camp (Project COPE)

AM Session, full week

Complete the BSA Challenging Outdoor Personal Experience (COPE) at Camp Horseshoe's low and high ropes course.

Prerequisite: none **Additional cost:** \$10

Equipment: loose comfortable clothing

Full Day/2-Day programs

• Point and Shoot (Handgun Certification)

Monday/Tuesday Module, all day

Here's your chance to be trained in the proper use of pistols and start to gain some experience on the range using them. You will earn NRA Handgun Safety certification as part of this program, then work toward the NRA Expert Marksmanship Award through practicing and demonstration of your shooting skills.

Prerequisite: none **Equipment:** will be provided

Additional Cost: \$50

•The Dark Tour (Caving)

Monday/Tuesday, all day

Explore the earth from the inside on Monday in camp learning about cave exploration and preparing for a trip into a dark cave. Spend the afternoon in one of the area's premier caves. Topics include surveying, unique cave biology including cave surveying, unique cave biology including cave conservation and landowner relationships.

Prerequisite: none **Additional cost:** none

Equipment: a list will be provided after registration

• Winds on the Water (Sailing)

Wednesday/Thursday, all day

Learn the basics of sailing and boating safety during these two days off-site and "on the water." Participants will work with volunteers of the US Power Squadron to begin the requirements of the Watercraft elective.

Prerequisite: none **Additional cost:** \$30

Equipment: watershoes, bathing suit, sunscreen,

• The Road Less Traveled (Trekking)

Wednesday/Thursday Module

Spend a night in the Horseshoe backcountry. Participants will learn how to prepare for a wilderness overnight and pack and carry their own supplies. Wednesday afternoon features a short hike into backcountry, where participants will set up camp and spend the night. Thursday offers more hiking and a return to camp. Leave No Trace will be featured as part of this course.

Prerequisite: none

Additional cost: none

Equipment: list will be provided after registration

2-Day Modules (in alphabetical order)

• Breathe! (SCUBA Discovery)

Wednesday/Thursday PM sessions

This is your opportunity to learn the basics of setting up and using scuba gear in a controlled pool setting. This course will prepare you for SCUBA certification and doing open water dives.

Prerequisite: able to swim **Equipment:** fins, mask, snorkel

Additional Cost: \$30

• Bound Together (Book binding)

Wednesday/Thursday PM Session

Work with a paper artist to explore your creative side as you learn the skills it takes to make a book. The book you make from handmade papers will be a unique, one-of-a-kind expression of your talents.

Prerequisite: none **Equipment:** none **Additional cost:** none

• Bulls eye (Archery)

Wednesday/Thursday AM Session

Spend two days working with the bow and arrow (in its many forms). Learn how to handle the equipment safely and work on your skills as you begin to master this area of the shooting sports. Participants will work toward the Archery Shooting Sports elective.

Prerequisite: none **Equipment:** none **Additional cost:** none

• Extreme Climbin' and 4 wheelin' (Expert Tree Climbing/ Mountain boarding)

Monday/Tuesday AM Session

Want something new to do? This module is for those looking for new adventures. Learn the techniques for climbing a tree safely and efficiently with an expert tree climber. There may be the opportunity to mountain board (kind of like snowboarding but with wheels) down the hills and trails at Camp Ware.

Prerequisite: none **Equipment:** Close-toed shoes, long pants

Additional Cost: TBA

• Extreme Ropes (Climbing and Rappelling)

AM Session, both 2-Day modules

Climbing the face of a mountain requires special skills and teamwork. Learn how to belay, climb, and rappel back down as well as "the ropes" of safe climbing.

Prerequisite: none **Equipment:** loose clothing

Additional cost: none

• Extreme 2 wheelin' (Mountain Biking)

Wednesday/Thursday PM Session

Explore the trails at Fair Hill Natural Resources Area as you work on your mountain biking skills. Each day features a different ride on some of the best mountain biking trails in the region.

Prerequisite: none **Equipment:** Mountain Bike and helmet

Additional cost: \$10

(Continued on page 10)

Program Descriptions (continued from page 9)

• Grillin' and Chillin' (Outdoor Cooking)

Wednesday/Thursday PM Session

Tired of that same old food on camping trips? Want to impress your friends with some new outdoor cooking techniques and recipes? Spend your afternoon making, tasty meals and desserts.

Prerequisite: none **Equipment:** will be provided at camp

Additional cost: none

• Hit the Mark (NRA Marksmanship)

Wednesday/Thursday AM and PM sessions—

must choose both modules if you want to shoot all day

Explore the shooting sports, learn gun safety, and improve your precision, as you work toward NRA Marksmanship and Fast Start certifications, as well as the requirements of the Shooting Sports Ranger Elective. Rifles, Shotguns, and Black Powder will be available.

Prerequisite: none **Equipment:** will be provided

Additional cost: \$8 and ammunition charge for extra rounds-\$12/brick (may be purchased at Ware, as needed)

• Metal Masterpieces (Metalworking)

Monday/Tuesday PM Session

Work with a metal sculptor to explore your creative side in the medium of metal. Learn some techniques for shaping of metal (casting, soldering, hammering, for example) while creating a "masterpiece" to take home.

Prerequisite: none **Equipment:** none **Additional cost:** \$10.50

• Planet Earth (Ecology)

Monday/Tuesday, PM Session

Learn to see your environment in a new way and explore the impacts we make on the earth. Working with an environmental expert, participants will explore the natural environment at Camp Ware on Monday. Tuesday, participants will go off-site to an environmental center and continue their study. You will fulfill the requirements of the Ecology Ranger elective, if that's an interest to you.

Prerequisite: none **Equipment:** none **Additional cost:** none

• Rockin' the Rapids (Whitewater Kayaking)

Monday/Tuesday PM session

Spend Monday on the Octorara Reservoir learning to paddling and basic rescue techniques for the tricky whitewater kayak. Tuesday features a trip down the Octorara Creek navigating some rapids and rocks.

Prerequisite: must be able to swim

Equipment: will be provided **Additional cost:** none

• Say Cheese (Digital Photography/Graphic Design)

Monday/Tuesday PM Session

Working with a professional photographer, explore your creative side through the eye of a digital camera. Learn new techniques and hints for better photographs. Then learn how to use a digital imaging program to improve raw photographs. Create eye-catching posters, brochures, and flyers using a graphic design program and the photos you take.

Prerequisite: none

Additional cost: none

Equipment: digital camera and USB cord to download to a computer

• Scrubs (Basic First Aid/CPR)

Monday/Tuesday PM Sessions

Here's an opportunity to take the American Red Cross Basic First Aid/CPR course. Learn how to respond if someone is injured. This course is a prerequisite for Life Preserving and Wilderness Survival. It is also a core requirement for any of the Bronze Awards.

Prerequisite: none

Equipment: none

Additional cost: If an "official card" is required, \$15, payable at camp otherwise no cost

• Slurries and Screens (Papermaking)

Wednesday/Thursday AM Session

Work with a paper artist to explore your creative side in this medium. Go from pulp to paper as you learn create unique handmade paper.

Prerequisite: none **Equipment:** none **Additional cost:** none

• Survivorman (Wilderness Survival)

Wednesday/Thursday PM Session

Learn how to survive in the wilderness at Horseshoe Reservation's primitive area while completing the core requirements of the Outdoor Bronze Award and Ranger Award.

Prerequisite: Basic First Aid/CPR

Equipment: none

Additional cost: none

• The Amazing Race (Geocaching/Land Navigation)

Monday/Tuesday AM Session,

Try your hand at Orienteering and Geocaching. Learn how to use a topographical map, compass, and/or a GPS unit to find your way. Fulfill the core requirements of the Outdoor Bronze Award and Ranger Award. Participants will also create a geocache at Camp Ware, earning the Conservation requirement of the Outdoor Bronze Award and Ranger Award too!

Prerequisite: none **Equipment:** none **Additional cost:** none

• The Triple Crown for Beginners (Horsemanship)

Monday/Tuesday PM Session

Horseback riding and horse care are featured as part of this beginning course to the world of equestrian sport. Day one features the opportunity to learn about horses, grooming, and tacking, plus a short ride on a horse. Day two features a trip to a stable to learn about stable care and a trail ride.

Prerequisite: none

Additional Cost: \$30

Equipment: Close-toed shoes, long pants

Reminder

Consultants will contact you about specific gear and items to bring with you for the programs you are taking after May 30.

Field Trip Friday!

- On Friday, everyone will leave camp to for an off-site outdoor experience. The trips are based on many of the programs being offered at camp during the week.
- Trips will be filled on a first come, first served basis.
- Choices must be made ahead of time as some of the outfitters for the trips require special permission slips to participate. You will receive these permissions slips ahead of time and they must be signed and brought to camp at registration.
- Choose from one of the following options to complete your V-Week adventures:
 1. **Rock Climbing:** Go to Rocks State Park to practice the climbing and rappelling skills you learned on a natural rock wall. Prerequisite: Climbing & Rappelling or COPE
 2. **Kayaking:** Take a kayaking tour of the salt marsh at Big Gunpowder Falls State Park, which includes a blue heron rookery.
 3. **Shooting Range:** Spend the day at an offsite shooting range working on your skills.
 4. **Horseback Trek:** Go horseback riding through Valley Forge National Park. Prerequisite: Equestrian Program

The Adult's Role @ V-Week

- Adult leadership is an important part of the V-Week experience, as it is in any Venturing activity. Adults are encouraged to come with their Crews.
 - Individual adults who want to help make V-Week a great success are encouraged to contact Carla Lucas (610-274-0261) to discuss when and how your skills can be utilized at camp.
 - We ask that adults follow the Venturing guidelines and act as mentors and role models to the youth participating in the program.
 - All adults must register. Those not on volunteer staff must pay fees accordingly.
- The Adult Registration Form can be found online or at the back of this guide.
- Camp fees for adults will cover the cost of meals:
 - All-Week: \$145
 - Consultants and Volunteer Staff - free
 - Part week: \$25/day
 - Adults will have to pay the costs we encounter for Field Trip Friday excursions. Funds will be collected at camp.
 - Adults are encouraged to participate in any of the programs as space permits. Program fees could be incurred for some courses.
 - There may be times during the week when small groups of participants will need to be transported off-site as part of their program. We hope adults will volunteer in this regard.

Directions to Ware

From Route 1:

- Exit off Route 1 and head North on Route 272 for about 6 miles.
- Make a left onto Little Britain Road. Continue down Little Britain Road for about 1.6 miles.
- Make a Left onto Jubilee Road. Follow Jubilee Road all the way into camp.
- **(Alternate route)** Rt. 1 South, exit ramp 272 North (right) follow to Kirks Mill Rd, make a left follow till ends, make a left onto Little Britain Rd, make your next left onto Jubilee Rd, at the Y in road bear R follow to camp sign.

From Route 222:

- Turn onto Little Britain Road.

Going North 222, Little Britain Road will be on the right.

Going South 222, Little Britain Road will be on the left, a sharp left turn will be made.

- Continue up Little Britain Road for about 2 miles.
- Turn right onto Jubilee Road and follow it all the way into camp.

(Alternate Route 222) • Turn onto Quarry Road. This is a left turn when traveling South 222, and a right turn when traveling North 222.

- Follow Quarry Road for roughly 2.25 miles.
- Jubilee Road will be on the right. This will be a sharp, "double back" right turn.
- Careful not to miss this turn.

Where is Ware?
Camp John H. Ware III
239 Jubilee Road
Peach Bottom, PA 17563

Trading Post

- The camp maintains a well-stocked trading post. Hours may vary, but the trading post is usually open throughout the day and evening except during meal times.
- Items such as candy, soft drinks, personal items, and needed program items are available.
- Additionally, the trading post stocks items like compasses, Scout knives, T-shirts, and souvenirs.
- A selection of Venturing items will be available during V-Week
- Trading Post hours will be posted during V-Week.

NAME _____
ADDRESS _____
(STREET)

(CITY) _____ (STATE) _____ (ZIP) _____

PHONE _____ (CELL) _____

EMAIL _____

#1

CHOOSE YOUR LENGTH OF STAY:

- SUNDAY THRU SATURDAY (ALL WEEK)
- SUNDAY THRU TUESDAY (HALF WEEK)
- WEDNESDAY THRU SATURDAY (HALF WEEK)
INCLUDES FRIDAY FIELD TRIP

FEES & MAILING INFO & STUFF . . .

MAKE CHECKS PAYABLE TO: CCCBSA
SEND ATTN: CAMPING ADMINISTRATION
504 S. CONCORD ROAD
WEST CHESTER, PA 19382

REFER TO THE ATTACHED SHEET FOR FEE INFO!



VENTURING · BSA



VENTURING · BSA

HORSESHOE SCOUT RESERVATION

REGISTERING FOR V-WEEK AT CAMP WARE IS AS EASY AS ONE, TWO, THREE . . . WELL AS EASY AS ONE, TWO, THREE, FOUR!



**Register by April 15—
Receive a special gift!**

SOME THINGS TO REMEMBER . . .

- ❖ Point and Shoot, The Dark Tour (**Cancelled**), Winds on the Water, and The Road Less Traveled ARE TWO DAY SESSIONS, ALL DAY
- ❖ Seal Training is all morning, for 4 days. If you pass the test and meet all requirements, you will receive BSA Lifeguard Certification.
- ❖ **ALL REMAINING COURSE CHOICES ARE OFFERED IN TWO DAY SESSIONS, IN THE A.M. OR P.M ONLY**
- ❖ Programs are filled on a first come, first

THE ADVENTURE CONTINUES . . .

PLEASE PRINT NEATLY 😊

CHOOSE YOUR COURSES (DUE TO CLASS SIZE RESTRICTIONS, 2ND CHOICE WILL BE USED IF CLASS IS FULL):

#2	MONDAY/TUESDAY SESSION	WEDNESDAY/THURSDAY SESSION
A.M. 1 ST CHOICE		
A.M. 2 ND CHOICE		
P.M. 1 ST CHOICE		
P.M. 2 ND CHOICE		

#3 PICK YOUR FRIDAY FIELD TRIP:

- ROCK CLIMBING
- KAYAKING
- SHOOTING RANGE
- HORSEBACK TREK

#4

BASE FEE	
SUPPLEMENTAL FEES	
TOTAL	
PAYMENT #1 - DEPOSIT DUE W/REGISTRATION	\$100.00
BALANCE DUE BY JUNE 6, 2009	

CLIP, SAVE & MAIL W/
YOUR FINAL PAYMENT:

NAME: _____

EMAIL OR PHONE: _____

BALANCE: _____

BASIC FEES:

Full week:	\$ 299
Sunday/Tuesday Module	\$ 159
Wednesday/Saturday Module	\$ 240

GENERAL INFORMATION

- See V Week Programs on www.hsr-bsa.org for detailed program descriptions.
- Most programs have minimum and maximum participants in order to present the programs in the most cost effective and in as safe a manner as possible.
- Registration minimums must be met by May 30, or a program may be cancelled. Those registered in the program will be contacted in order to choose a new program.
- Programs will be filled on a first come, first served basis.
- Program consultants will provide participants with any specific instructions such as specific gear or special permission slips needed for the program before V-Week starts.
- Some programs will require participants to leave camp. All BSA driving practices will be used when taking youth off site

SUPPLEMENTAL FEES:

TWO DAY MODULES, ALL DAY	
POINT AND SHOOT (Handgun Certification)	\$ 50
WINDS ON THE WATER (Sailing)	\$ 30

A.M. SESSION, FULL WEEK	
BOOT CAMP (Project COPE)	\$ 8

TWO DAY MODULES

BREATHE! (SCUBA Discovery)	\$ 30
EXTREME 2-WHEELIN' (Mountain Biking)	\$ 10
HIT THE MARK (NRA Marksmanship)	\$ 8+
EXPERT MARKMANSHIP (Shotgun/Rifle & Black Powder)	\$ 8+
METAL MASTERPIECES (Metal Working)	\$ 10.50
TRIPLE CROWN FOR BEGINNERS (Horsemanship)	\$ 30

*Please review the Program Description page for details & additional fee information. Additional fees may be incurred at camp for shooting sport related modules as well as First Aid module.

ALL SUPPLEMENTAL FEES ARE PER MODULE.

PAYMENT SCHEDULE

- Registration opens February 16, 2009. A \$100 deposit is due with your registration. Choose your programs at registration.
- Final payment: due before June 6, 2009.
- Some programs will require an additional fee (provided to the right).

V-WEEK ADULT REGISTRATION FORM

NAME _____ UNIT # _____

ADDRESS _____
(STREET)

(CITY) _____ (STATE) _____ (ZIP)

PHONE _____ (CELL) _____

EMAIL _____

#1 CHOOSE YOUR LENGTH OF STAY:

- SUNDAY THRU SATURDAY (ALL WEEK)
- SUNDAY THRU TUESDAY (HALF WEEK)
- WEDNESDAY THRU SATURDAY (HALF WEEK)
INCLUDES FRIDAY FIELD TRIP

FEES & MAILING INFO & STUFF . . .

MAKE CHECKS PAYABLE TO: CCCBSA
SEND ATTN: CAMPING ADMINISTRATION
504 S. CONCORD ROAD
WEST CHESTER, PA 19382

PLEASE PRINT NEATLY 😊



HORSESHOE SCOUT RESERVATION

FEES: FULL WEEK - \$129 IF PAID BEFORE
JUNE 1; \$143 PAID AFTER JUNE 1, 2009
PARTIAL WEEK - \$25 PER DAY

CONSULTANTS & VOLUNTEER STAFF: FREE!

SOME THINGS TO REMEMBER . . .

- ❖ AFTER MAY 30, UNFILLED SEATS IN ALL PROGRAM AREAS WILL BE OPENED TO ADULTS ATTENDING V-WEEK. IN PROGRAMS WHERE MORE PARTICIPANTS WILL INCREASE PROGRAM COSTS, THE ADULT PARTICIPATING MUST PAY THESE COSTS. THIS INFORMATION (AS WELL AS AN APPLICATION) WILL BE MADE AVAILABLE ON WWW.HSR-BSA.ORG AND WILL REQUIRE AN ADDITIONAL REGISTRATION AT THAT TIME.
- ❖ THERE IS AN ADDITIONAL FEE FOR EACH FIELD TRIP. PLEASE SEE PAGE TWO FOR THESE FEES.
- ❖ SOME PROGRAMS ARE IN NEED OF A SECOND ADULT IN ORDER FOR THE PROGRAM TO BE OFFERED. VOLUNTEERING FOR THIS POSITION WILL GUARENTEE YOUR PARTICIPATION.

THE ADVENTURE CONTINUES . . .

#2

PICK YOUR FIELD TRIP:

- ROCK CLIMBING
- KAYAKING
- SHOOTING RANGE
- HORSEBACK TREK
- DARK TOUR CAVING TRIP
(TUESDAY) - **CANCELLED**

FIELD TRIP FEES:

KAYAKING, SHOOTING RANGE & HORSEBACK RIDING - \$50
 CAVING - \$25 (**CANCELLED**)

I AM REGISTERING AS A CONSULTANT OR STAFF

MY POSITION IS: _____

THE ADULT'S ROLE AT V-WEEK

- ❖ ADULT LEADERSHIP IS AN IMPORTANT PART OF THE V-WEEK EXPERIENCE, AS IT IS IN ANY VENTURING ACTIVITY. ADULTS ARE ENCOURAGED TO COME WITH THEIR CREWS.
- ❖ INDIVIDUALS THAT WANT TO HELP MAKE V-WEEK A GREAT SUCCESS ARE ENCOURAGED TO CONTACT CARLA LUCAS (610-274-0261) TO DISCUSS WHEN AND HOW YOUR SKILLS CAN BE UTILIZED AT CAMP.
- ❖ WE ASK THAT ADULTS FOLLOW THE VENTURING GUIDELINES AND ACT AS MENTORS AND ROLE MODELS TO THE YOUTH PARTICIPATING IN THE PROGRAM.



CHECK HERE →

↑ IF YOU CHECKED HERE THEN

#3

FULL WEEK FEE

OR

PART WEEK: _____ X \$25

FIELD TRIP FEE

TOTAL =

VOLUNTEER	\$0

_____ I AM WILLING TO HELP DRIVE TO OFF-SITE LOCATIONS AS NECESSARY.

V-Week @ Ware Crew Roster

Participant's Name (Last, First)	Phone Number	Crew/Troop #
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
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21.		
22.		
23.		
24.		
25.		
26.		
27.		
28.		
29.		
30.		

V-Week Medication Administration Record

Dates of Camp: _____

Name: _____ Crew/Troop _____

Campsite _____

Date of Birth _____ Height _____ Weight _____

Allergies _____

Name of Parent/Guardian _____ Relationship to patient _____

Phone Number: Home _____ Work _____ Cell _____

Please fill out one section for each medication to be administered at Camp. **This form should be completed for anyone who will be staying overnight at camp. This includes participants and adults who need to take medication while at Camp Ware.**

All medications must be in the original container with the original label prepared by the pharmacy or physician which provides all of the customary information such as the patient's name clearly marked, drug name, dosage and instructions. All non-prescription medication must be marked with the patient's name and any instructions.) **WE ASK THAT THIS FORM BE COMPLETED BY THE PARENT OR GUARDIAN AND TURNED IN TO THE HEALTH LODGE AT THE START OF THE PARTICIPANT'S CAMPER WEEK.**

All medications (except Epi pens and inhalers) must be turned in to the Health Lodge at the start of the patient's stay in camp.

EPIPENS AND RESCUE INHALERS need to be carried by the participant at all times while at camp, in accordance with the prescription or instructions from the patient's physician. They do not need to be handed into the Health Lodge.

NOTE TO PARENTS/GUARDIANS: If your child fails to appear at the Health Lodge at the prescribed time to receive a medication dose, the troop's adult leaders will be notified with a request that the participant should be sent to the Health Lodge. All medications administered to the participant by the Health Lodge will be noted on this form. At the end of the participant's camp week, a copy of this form can be sent to the parent or guardian if an e-mail address is provided, so that parents or guardians will know when the child received medication. If you have any question at any time regarding your child, you may e-mail the Health Lodge at hshealthlodge@cccbsa.org This e-mail is confidential and is only viewed by the camp nurse and doctor.

Name of Participant _____ Crew/Troop _____

Medication name/ Strength: _____

Dosage (how many and when?): _____

Quantity sent to camp: _____

Relevant side effects (reactions to food, sun sensitivity, nausea, drowsiness etc.): _____

FOR HEALTH LODGE STAFF ONLY

Time:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast:								
Lunch:								
Dinner:								
Hour of Sleep:								

Name of Participant _____ Troop _____

Medication name/ Strength: _____

Dosage (how many and when?): _____

Quantity sent to camp: _____

Relevant side effects (reactions to food, sun sensitivity, nausea, drowsiness etc.): _____

FOR HEALTH LODGE STAFF ONLY

Time:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast:								
Lunch:								
Dinner:								
Hour of Sleep:								

Name of Participant _____ Troop _____

Medication name/ Strength: _____

Dosage (how many and when?): _____

Quantity sent to camp: _____

Relevant side effects (reactions to food, sun sensitivity, nausea, drowsiness etc.): _____

FOR HEALTH LODGE STAFF ONLY

Time:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast:								
Lunch:								
Dinner:								
Hour of Sleep:								

Name of Participant _____ Troop _____

Medication name/ Strength: _____

Dosage (how many and when?): _____

Quantity sent to camp: _____

Relevant side effects (reactions to food, sun sensitivity, nausea, drowsiness etc.): _____

FOR HEALTH LODGE STAFF ONLY

Time:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast:								
Lunch:								
Dinner:								
Hour of Sleep:								

This information is confidential and is provided to the Camp Health Officer or designee for the express purpose of helping to ensure a health and safe week at Camp Horseshoe. This form may be shared with medical personnel should the necessity arise and will be part of your child's medical records.

Signature of Parent/Guardian _____ Date: _____

Signature of Health Officer: _____ Date: _____

Name of Participant _____ Troop _____

Medication name/ Strength: _____

Dosage (how many and when?): _____

Quantity sent to camp: _____

Relevant side effects (reactions to food, sun sensitivity, nausea, drowsiness etc.): _____

FOR HEALTH LODGE STAFF ONLY

Time:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast:								
Lunch:								
Dinner:								
Hour of Sleep:								

Name of Participant _____ Troop _____

Medication name/ Strength: _____

Dosage (how many and when?): _____

Quantity sent to camp: _____

Relevant side effects (reactions to food, sun sensitivity, nausea, drowsiness etc.): _____

FOR HEALTH LODGE STAFF ONLY

Time:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast:								
Lunch:								
Dinner:								
Hour of Sleep:								

Name of Participant _____ Troop _____

Medication name/ Strength: _____

Dosage (how many and when?): _____

Quantity sent to camp: _____

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FOR HEALTH LODGE STAFF ONLY

Time:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast:								
Lunch:								
Dinner:								
Hour of Sleep:								

This information is confidential and is provided to the Camp Health Officer or designee for the express purpose of helping to ensure a healthy and safe week at Camp Horseshoe. This form may be shared with medical personnel should the necessity arise and will be part of your child's medical records.

Signature of Parent/Guardian _____ Date: _____

Signature of Health Officer: _____ Date: _____